



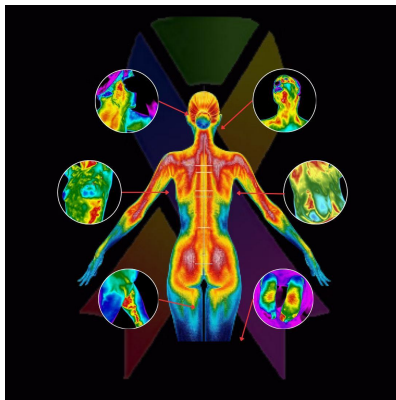
Dear Jacky,

## Speaking of Mindful Wellness...

### Speaking of Mindful Wellness...

- The Benefits of Medical Thermography: A Non-Invasive Window into your Health
- [Mother's Day Gift Certificate Special](#) - Expires May 11th!
- Unlock the Secrets to Better Health and a More Youthful You! - ASEA is life changing
- HerScan is back at Mindful Wellness the week of June 9th.
- Check out - the Breast Care Corner... Take a closer look at Breast Health with Thermography!
- Are you interested in hosting a fun evening at your home with friends? Robin and I are happy to share information about breast health and thermography. Plus, you earn hostess incentives to put toward your thermography scan. See our Hostess Incentives Section below.

Yours in health & Wellness,  
Jacky



### The Benefits of Medical Thermography: A Non-Invasive Window into Your Health

When it comes to proactive health care, early detection is key. Medical Thermography is a powerful tool in holistic and preventative medicine circles. But what exactly is medical thermography, and why are more people turning to it? Let's break it down.

### What Is Medical Thermography?

Medical thermography is a non-invasive diagnostic technique that uses a specialized infrared camera to detect heat patterns and blood flow in body tissues. Because inflammation often produces more heat, thermography can highlight areas of concern — sometimes even before symptoms occur.

### Top Benefits of Medical Thermography

#### 1. Early Detection of Inflammation

Inflammation is the body's early warning signal, often appearing before structural changes occur.

Early detection is key as Thermography can detect these heat patterns typically before other imaging tests may show something is wrong. This makes it especially useful in identifying early-stage issues such as:

- Cardiovascular dysfunction
- Breast tissue changes
- Musculoskeletal injuries

## **2. Radiation-Free and Non-Invasive**

Thermography is a no contact, no compression and no radiation option for:

- Regular monitoring
- Individuals with sensitivities or contraindications to radiation
  - FDA cleared adjunctive screening
  - Preventative screening for women

## **3. Breast Health Monitoring**

One of the most popular uses of thermography is for breast health. It can detect subtle changes in breast tissue that may indicate the development of abnormal cells. While it doesn't replace mammograms, it can be a valuable complementary tool, particularly for:

- Women with dense breast tissue
- Younger women not yet recommended for routine breast screening
- Those looking for a pain-free, radiation-free method of monitoring

## **4. Whole-Body Imaging**

Thermography can be used to assess a wide range of conditions by capturing heat signatures across different regions of the body, including:

- Thyroid dysfunction
- Dental infections
- Nerve damage (e.g., from diabetic neuropathy)
- Joint and muscle inflammation

This whole-body approach provides a broader picture of systemic inflammation or imbalances.

## **5. Ideal for Preventative Care**

Because thermography can identify physiological changes before structural changes occur, it's an ideal tool for people

focused on **preventative wellness**. It supports early intervention strategies that can help you avoid more serious issues later.

#### **6. Comfortable and Stress-Free**

No contact. No compression. No pain. Thermography simply involves standing or sitting in front of a camera while the technician takes images. It's quick and comfortable, making it accessible for people who may feel anxious about traditional medical tests.

### **Set up your first or follow-up Thermography Scan today!**

Call Jacky at 513-382-3132 for Mindful Wellness Medical Thermography or  
Robin at 513-443-5161 for our Mobile Thermography Locations in Ohio and Kentucky.

A promotional graphic for Mother's Day featuring a white background with purple and pink flowers and green leaves. In the center is a purple coupon with a scalloped border. The coupon contains text about thermography scans and a validity note.

**Happy Mother's Day**

Gift Certificates make the perfect Mother's Day Gift! Don't forget the gift of health for your special someone!  
We are offering thermography specials until May 11th!

**Save \$30 off a Full Body Thermography Scan**  
Now \$519 (Retail \$549)

**Save \$25 off a Head & Torso Thermography Scan**  
Now \$374 (Retail \$399)

**Save \$20 off a Breast Thermography Scan**  
Now \$279 (Retail \$299)

Valid only at our West Chester Location - Mindful Wellness Medical Thermography.

[Buy your Mother's Day Gift Certificate Here](#)

**Upcoming Events Check out**

We are working with our lab locations to offer scans and keep everyone healthy. See below for our May dates at our partner lab locations.

### Mobile Thermography Scans...

Please contact Robin Hanson-Gobell directly to schedule your scan at a convenient location near you.

**513-443-5161**

True2Form Chiropractic - West Chester, OH **call for more details**

Fully Alive Integrative Health - Springboro, OH **call for more details**

Advance Chiropractic & Nutrition - Eastgate, OH **Wednesday, May 14th**

Versailles Medical Massage - Versailles, OH **call for more details**

Wellness Collective - Fort Wright, KY **Friday, May 9th**

Harrison Chiropractic & Wellness - Harrison, OH **Monday, May 7th**

Family Tree Chiropractic & Wellness - Blue Ash, OH **Tuesday, May 20th**

Turning Point Health & Wellness - Dayton, OH **Thursday, May 15th**

Optimize U - Blue Ash, OH **Thursday, May 8th**

#### **New Lab Location**

Natural Health Direct Primary Care, LLC - Lawrenceburg, IN **Thursday, May 12th**

Click to find out how to  
schedule at one of our mobile  
locations!

Check out the map! We're bringing thermography to a location near you.

## UPCOMING EVENTS...



### EMPOWER YOURSELF

Seize control of your health by scheduling routine screenings, including thermography and breast ultrasound.

Proactive screening, rather than waiting for symptoms to manifest, is paramount for maintaining optimal health.

HerScan is coming back to Mindful Wellness. Book your your ultrasound soon before they fill up.

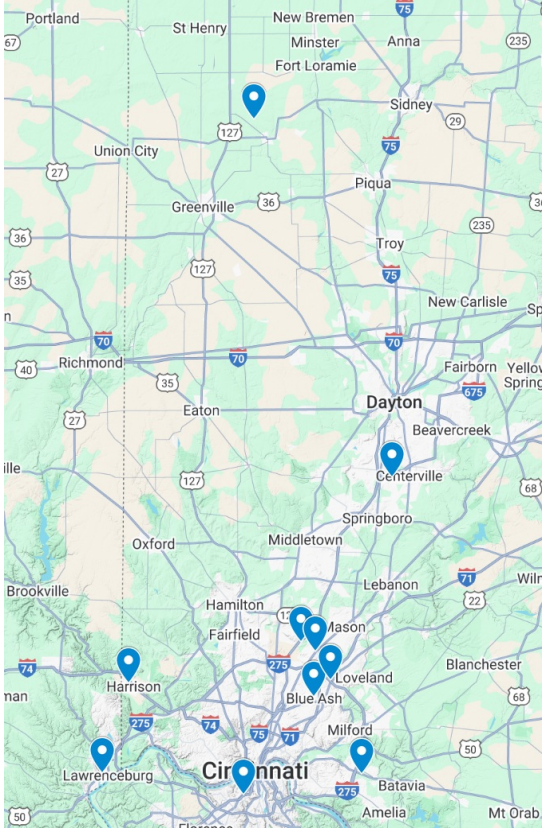
HerScan, a Mobile Ultrasound group that does not require a doctor requisition, is returning to Mindful Wellness the week of June 9th.

It's never too late to get your baseline started!

Consider booking both breast screenings close together. If you have your ultrasound performed first, then, once you've received your ultrasound results, we can add them to our patient database so that when it's time for your thermography scan, the doctors will have access to those results and it can be made part of your thermography interpretation process. This is also true for any other breast studies you may have had since your last thermography scan, including, mammography, MRI, biopsy, etc.

Book your Breast Ultrasound with [HerScan.com](http://HerScan.com).





## Breast Care Corner

[Click here for more valuable breast health resources. You'll find Patient Resources and Videos.](#)

### ☐ Take a Closer Look at Breast Health with Thermography

Your breast health is too important to leave to chance — and early detection is essential for proactive care.

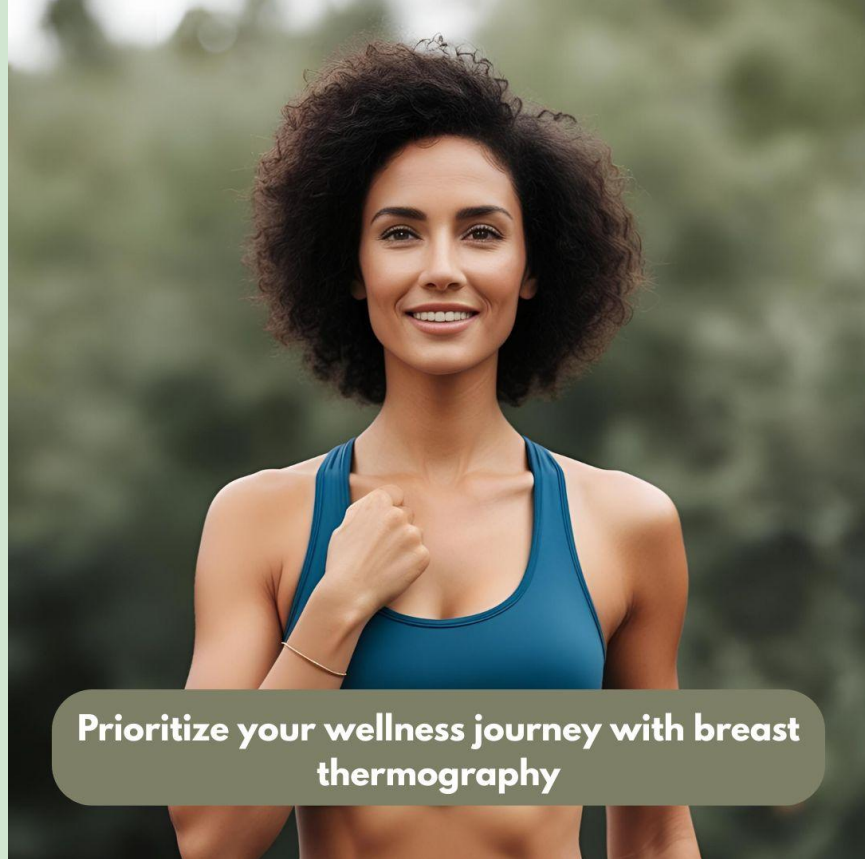
Breast thermography is a safe, radiation-free, and non-invasive way to monitor breast tissue for physiological changes. Using infrared imaging, thermography detects subtle patterns of heat and blood flow that can signal inflammation or abnormal cellular activity — sometimes years before traditional imaging methods would reveal a concern.

Thermography is especially valuable for women with dense breast tissue, younger women who may not yet qualify for mammograms, and anyone seeking a pain-free, compression-free screening option. It provides a unique, functional perspective of breast health, complementing other imaging tools for a more complete picture of wellness.

Unlike other diagnostic methods, thermography does not involve radiation or direct contact, making it an ideal choice for regular monitoring and preventative care.

Early awareness empowers you to take action and make informed decisions about your health.

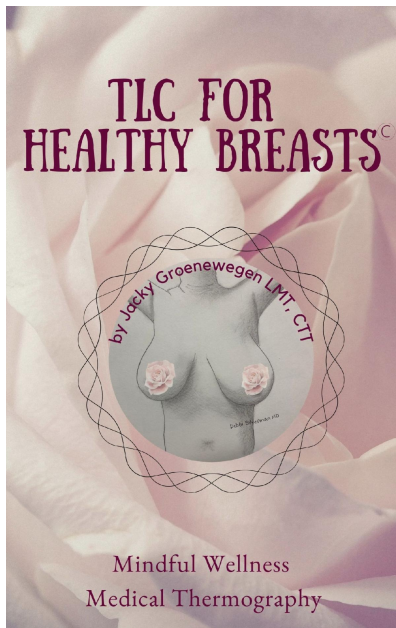
☐ Prioritize your wellness journey with breast thermography — a gentle, effective way to stay connected to your body's natural signals.



**Prioritize your wellness journey with breast thermography**

Prioritize your wellness journey with breast thermography!

Call Jacky at 513-382-3132 for Mindful Wellness Medical Thermography or Robin at 513-443-5161 for our Mobile Thermography Locations in Ohio, Kentucky & Indiana.



## **News flash..**

### **TLC for Healthy Breasts**

Our focus here is to help you navigate restoring and/or maintaining Breast Health. This is seldom spoken of or taught, yet there is so much that we can do to nurture the health of our breasts. **Track positive changes with your breast tissue with a Thermography Scan. Buy your book and Jacky will take \$20 off your thermography scan!\***

You'll find....

- Proper techniques for massaging your breasts
- Pictures showing you how
- Written instructions
- How & Why breast massage helps with your lymphatic system

### **Buy your ebook now for \$20**

(price includes tax) Feel free to share the link with your breast friends so they can buy their own!!! Save your receipt and your book purchase can be used as a coupon for your Thermography

Scan with Jacky.

*Fine Print*

*TLC for Breast Health \$20 coupon can only be used one time. Coupon can only be applied to scans with Jacky, save your email receipt to show Jacky. Cannot be combined with other offers. Non transferable.*

# ASEA®

A Life Changing Technology

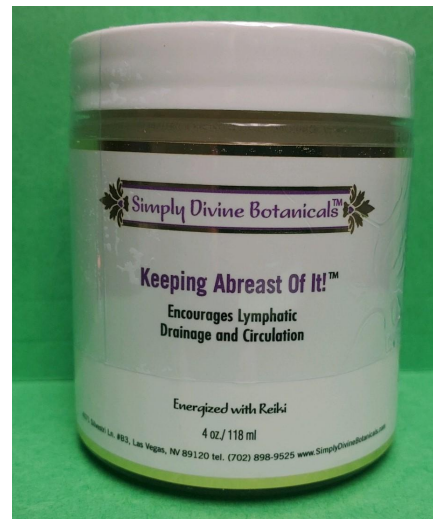
ASEA REDOX products are the first and only products on the market that contains active redox signaling molecules, cellular messengers vital in protecting, rejuvenating, and restoring cells. These molecules, native to the human body, are created through a groundbreaking, patented process that reorganizes molecules of natural salt and purified water into redox signaling molecules.

**Call or text Jacky at 513-382-3132**

**Click to Learn More about this Life Changing Product**



- This traditional Native American formula is produced in North America with ingredients from nature and to help maintain good health.
- Imbalances of the body
- Helps strengthen the body and aiding its ability to overcome the disease
- \$139.99 (plus tax) includes a protocol packet & a bag of 100



## Keeping Abreast Of It

- Potent, energetically balanced formula contains herbs and essential oils specific to lymphatic drainage.
- Helps promote healthy breast tissue by encouraging circulation and enhancing lymphatic flow.
- Also beneficial for testicular issues, post-op lymphoedema and works



vegan empty pill capsules.

[Click here to read a powerful testimonial.](#)

- great on swollen ankles!
- Rub into underarm area, groin, neck and breast tissue two or more times daily to create or maintain wellness.
- \$29.95 (plus tax)

Formulated with: Unconditional Love and Gratitude, Organic Whole-leaf Aloe Vera, Borage Seed Oil, Organic Rosehip Seed Oil, Evening Primrose Oil, Aloe Butter, Castor oil, Beeswax, Orange Oil, Grapefruit Oil, Cypress oil, MSM, Olive Oil infused with St. John's Wort and Calendula, Chaparral, Poke Root, Echinacea, Pau D'Arco, Essential Oils of Tangerine, Lemon, Clove, Lemongrass, Lavender, Marjoram, Thyme, Cedarwood, Ginger, Juniper, Rosemary, Myrtle, Clary Sage, Nutmeg and Helichrysum, Co-Enzyme Q-10, Vitamin E and Electrolyzed 24kt Gold.

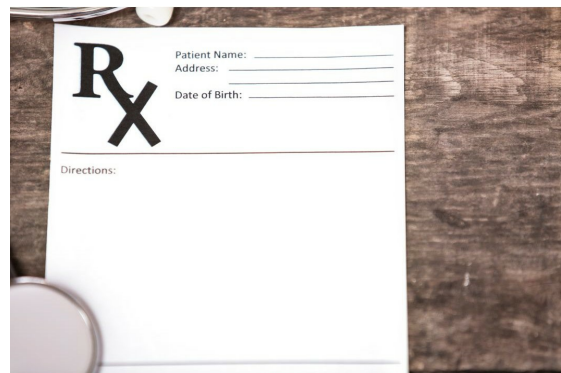


**Ask me how you can save  
15% on your supplements.**

**Call or text Jacky at 513-382-  
3132**

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**Click for more information about  
Lymphatic Body Brushing**



### **Have a Prescription for Massage?**

Bring in your prescription renewal, get \$10 off your next massage.

**The Ohio sales tax will be added to all massage prices unless a  
doctor's prescription is presented at the time of service.**

**This prescription will be good for an entire year.**



# Hostess Incentive

Invite your breast friends to learn more about thermography....

Hostess receives \$50.00 for providing the space for Robin to come and do her presentation. (To be put towards her thermography scan.)

It can be virtual or in person.

Then she also receives an additional \$25.00 (to be put towards her scan) for every scan booked and performed as a direct result of the presentation.



## Can you help me?



[Leave a GOOGLE REVIEW](#)

[Leave a FACEBOOK REVIEW](#)

**Do you have a few moments to share your opinion?**

**We're asking for your support?**

Thank you for being a loyal customer. As a locally-owned business, we strive to provide the highest quality service and care deeply about how our work affects customers like you.

As such, we would love if you could send us an email and tell us what we can do to better serve you next time.

Of course, we hope you enjoyed the level of service you received. If so, we would love if you could leave your feedback on our Google Business Page or Facebook so we can help others on a health journey like you! Every review helps build credibility for future customers and your feedback would be greatly appreciated.

Thank you for taking time out of your day. We greatly appreciate it!

## Looking for more....

[Buy a Gift Certificate](#)

[Schedule an Appointment](#)

[Our Mobile Locations](#)

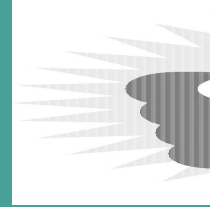
Get your Thermography or Massage Gift Certificate.

Schedule your Thermography scan online. Contact Jacky or Robin for more times!

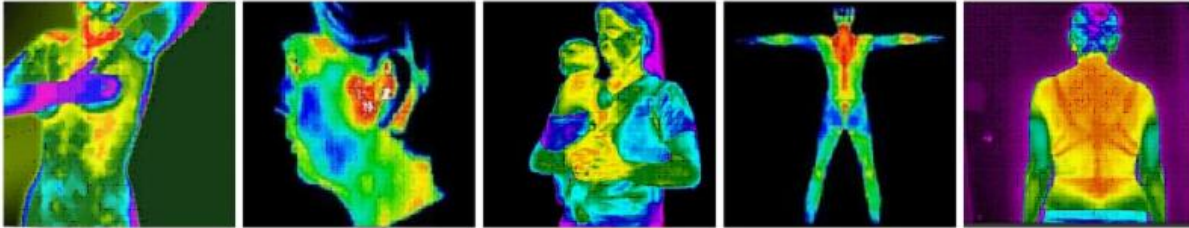
Brining Thermography to you! Click to find a location near you!

Every penny counts!  
Remember that you can avoid paying Sales Tax for massage therapy by

getting a prescription from your doctor or chiropractor. All it needs to say is "Massage as needed." The doctor then signs and dates it and TA DA, it's good for an entire year!!!



Like me on *Facebook* to receive short therapeutic wellness tips to help your mind and body feel better.



#### Contact Us

Phone: 513-382-3132 Jacky

Phone: 513-443-5161 Robin

*e-mail Jacky*

#### Website

[www.MindfulWellnessMedicalThermography.com](http://www.MindfulWellnessMedicalThermography.com)

[www.MindfulWellnessMassageandBodywork.com](http://www.MindfulWellnessMassageandBodywork.com)

[www.HolisticHealthMobileThermography.com](http://www.HolisticHealthMobileThermography.com)



Visit our Website

Mindful Wellness Massage & Bodywork | 8859 Cincinnati-Dayton Road #007 | West Chester, OH 45069 US

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